

COAST TO COAST BIKE RIDE SUFFER IN AID OF THE WILD TROUT CAUSE

Simon Johnson, Richard Handley and Mark Warren have completed their Coast to Coast bike ride in aid of three education initiatives: 'Trout in the Classroom'; 'Mayfly in the Classroom'; and Eden Rivers Trust's 'Rivers in the Classroom'. One of the first beneficiaries will be a series of 'Mayfly in the Classroom' projects in the Eden valley, led by Paul Gaskell.

They knew that the ride was going to be tough, but the appalling weather in the Lake District made it harder than their worst expectations. Despite the weather, they completed the 200 miles in five days rather than the recommended seven days.

Simon said "...this has been one of the toughest physical and mental challenges I have ever taken on. Mother Nature threw everything she had at us and at times I had to dig very deep into my reserves to keep going. I'd really like to thank both Mark and Richard for agreeing to join me on this trip, and to Mike Clough of Japanese Knotweed Solutions Ltd who so kindly donated a fantastic bike for me to use on the ride."



Simon, Mark and Richard at journeys end – Hoods Bay on the North Yorkshire coast.

For a full account, read the Blog at <http://c2cmtb.blogspot.com/>
They have raised £2,000 so far and

sponsorship is still open. If you would like to make a donation, go to: www.justgiving.com/c2cmtb.